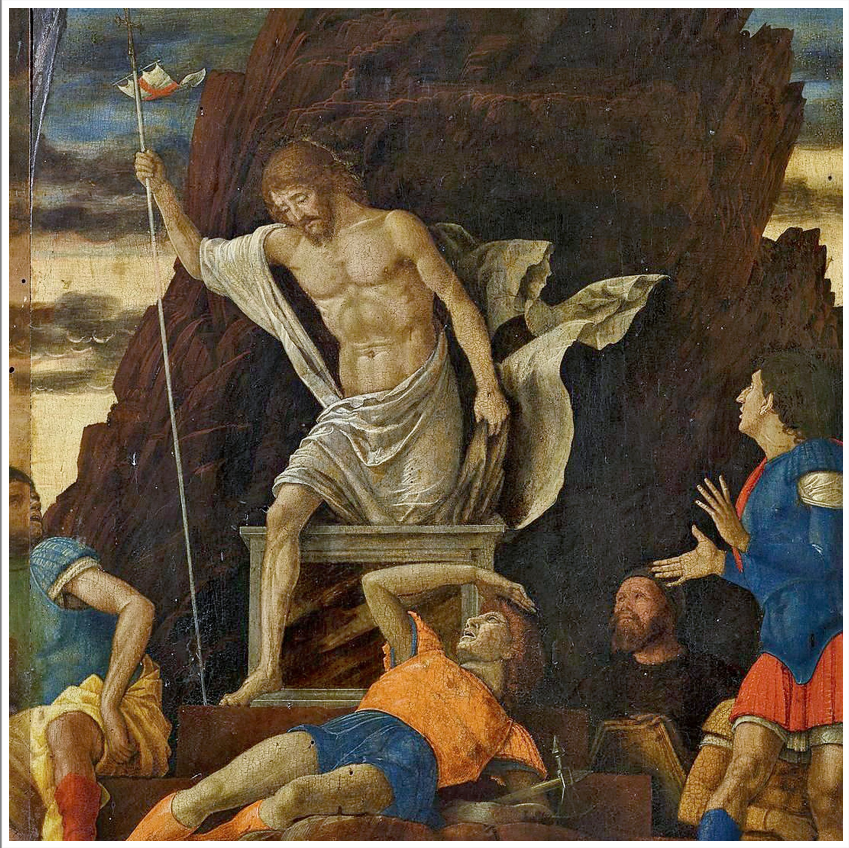


Daily Prayer & Scripture



Trinity San Antonio
April 2024

Daily Prayer

Begin by making the Sign of the Cross in remembrance of your baptism and union with Christ

In the name of the ✝ Father and of the Son and of the Holy Spirit. Amen.

O Lord open my lips, and my mouth will declare Your Praise.

The Apostles' Creed is confessed (*optional*)

I believe in God, the Father Almighty, Maker of heaven and earth.

And in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayer of the Day - *Lutheran Book of Prayer* (5th ed) OR one of the following:

Morning Prayer

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

Evening Prayer

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

Prayers for Others and Ourselves (Adoration, Confession, Petition, Intercession for others, Thanksgiving)

The Lord's Prayer

Our Father who art in heaven,
hallowed be Thy name,
thy kingdom come,

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

And forgive us our trespasses,

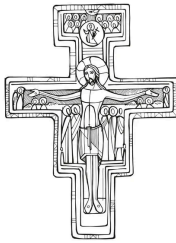
as we forgive those who trespass against us;

And lead us not into temptation,
but deliver us from evil.

For Thine is the kingdom and the power and the glory
forever and ever. Amen.

Conclude with Sign of the Cross

In the name of the ✝ Father and of the Son and of the Holy
Spirit. Amen.



Mark days prayed

28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	1	2

- ❖ “Pray without ceasing” - 1 Thessalonians 5:17
- ❖ “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” - Philippians 4:6
- ❖ “Prayer is the raising of one's mind and heart to God.” - St. John Damascene
- ❖ “A servant of the Lord is he who in body stands before men, but in mind knocks at heaven with prayer.” - St John Climacus
- ❖ “It is not the thing on which we spend most time that molds us, but the thing that exerts the greatest power. Five minutes with God and His word is worth more than all the rest of the day.” - Oswald Chambers
- ❖ "Those who have truly decided to serve the Lord God should practice the remembrance of God and uninterrupted prayer to Jesus Christ, mentally saying: “Lord Jesus Christ, Son of God, have mercy on me a sinner.” - St. Seraphim of Sarov
- ❖ “In order to pray a man must struggle to has last breath. If we do not find prayer difficult, perhaps it is because we have not really started to pray.” - Abba Agathon

Daily Lectionary

The following lectionary includes a daily Psalm, a five day a week OT reading, and a daily Gospel. Whereas the OT readings are usually full chapters, the Gospel is intentionally short for the purpose of reading in a more meditative manner. Here is a guide for meditating on Scripture.

- Remember Scripture is God's divine Word and Presence with you.
- Find a place you can be quiet for 10 minutes. Take a moment to calm your mind and heart. Close your eyes. Take a few deep breaths.
- Ask the Lord to speak to you through His Word.
- Read a short passage (Gospel reading) slowly and out-loud. You may read it several times.
- Notice any words, phrases, or images that stand out.
- What is the Holy Spirit saying to you through the Scripture? Meditate on that for a moment.
- Whatever you sense the Holy Spirit is speaking to you, speak it back to God. Converse with Him on it.
- Conclude by resting in the goodness of God and thanking Him for His Word and His presence with you.

Week One (April 7 - April 13)

Memory: Romans 12:12, "*Rejoice in hope, be patient in tribulation, be constant in prayer.*"

Sunday:	<input type="checkbox"/> Psalm 38	—	<input type="checkbox"/> Jn. 6:22-24
Monday:	<input type="checkbox"/> Psalm 39	<input type="checkbox"/> Isaiah 12	<input type="checkbox"/> Jn. 6:25-29
Tuesday:	<input type="checkbox"/> Psalm 40	<input type="checkbox"/> Isaiah 13	<input type="checkbox"/> Jn. 6:30-35
Wednesday:	<input type="checkbox"/> Psalm 41	<input type="checkbox"/> Isaiah 14	<input type="checkbox"/> Jn. 6:36-40
Thursday:	<input type="checkbox"/> Psalm 42	<input type="checkbox"/> Isaiah 15	<input type="checkbox"/> Jn. 6:60-71
Friday:	<input type="checkbox"/> Psalm 43	<input type="checkbox"/> Isaiah 16	<input type="checkbox"/> Jn. 7:1-13
Saturday:	<input type="checkbox"/> Psalm 44	—	<input type="checkbox"/> Jn. 7:14-24

Week Two (April 14 - April 20)

Memory: 1 Chronicles 16:11, "*Seek the Lord and his strength; seek his presence continually!*"

Sunday:	<input type="checkbox"/> Psalm 45	—	<input type="checkbox"/> Jn. 7:25-31
Monday:	<input type="checkbox"/> Ps 46	<input type="checkbox"/> Isaiah 17	<input type="checkbox"/> Jn. 7:32-36
Tuesday:	<input type="checkbox"/> Psalm 47	<input type="checkbox"/> Isaiah 18	<input type="checkbox"/> Jn. 7:37-39
Wednesday:	<input type="checkbox"/> Psalm 48	<input type="checkbox"/> Isaiah 19	<input type="checkbox"/> Jn. 7:40-52
Thursday:	<input type="checkbox"/> Psalm 49	<input type="checkbox"/> Isaiah 20	<input type="checkbox"/> Jn. 8:1-11
Friday:	<input type="checkbox"/> Psalm 50	<input type="checkbox"/> Isaiah 21	<input type="checkbox"/> Jn. 8:12-20
Saturday:	<input type="checkbox"/> Psalm 51	—	<input type="checkbox"/> Jn. 8:21-30

Week Three (April 21 - April 27)

Memory: 2 Timothy 1:7, “For God gave us a spirit not of fear but of power and love and self-control.”

Sunday:	<input type="checkbox"/> Psalm 52	—	<input type="checkbox"/> Jn. 8:31-38
Monday:	<input type="checkbox"/> Psalm 53	<input type="checkbox"/> Isaiah 22	<input type="checkbox"/> Jn. 8:39-47
Tuesday:	<input type="checkbox"/> Psalm 54	<input type="checkbox"/> Isaiah 23	<input type="checkbox"/> Jn. 8:48-59
Wednesday:	<input type="checkbox"/> Psalm 55	<input type="checkbox"/> Isaiah 24	<input type="checkbox"/> Jn. 9:1-7
Thursday:	<input type="checkbox"/> Psalm 56	<input type="checkbox"/> Isaiah 25	<input type="checkbox"/> Jn. 9:8-23
Friday:	<input type="checkbox"/> Psalm 57	<input type="checkbox"/> Isaiah 26	<input type="checkbox"/> Jn. 9:24-34
Saturday:	<input type="checkbox"/> Psalm 58	—	<input type="checkbox"/> Jn. 9:35-41

Week Four (April 28 - May 4)

Memory: 1 Peter 1:18-19, “Knowing that you were ransomed from the futile ways inherited from your forefathers, not with perishable things such as silver or gold, but with the precious blood of Christ, like that of a lamb without blemish or spot.”

Sunday:	<input type="checkbox"/> Psalm 59	—	<input type="checkbox"/> Jn. 10:1-6
Monday:	<input type="checkbox"/> Psalm 60	<input type="checkbox"/> Isaiah 27	<input type="checkbox"/> Jn. 10:7-10
Tuesday:	<input type="checkbox"/> Psalm 61	<input type="checkbox"/> Isaiah 28	<input type="checkbox"/> Jn. 10:11-21
Wednesday:	<input type="checkbox"/> Psalm 62	<input type="checkbox"/> Isaiah 29	<input type="checkbox"/> Jn. 10:22-30
Thursday:	<input type="checkbox"/> Psalm 63	<input type="checkbox"/> Isaiah 30	<input type="checkbox"/> Jn. 10:31-42
Friday:	<input type="checkbox"/> Psalm 64	<input type="checkbox"/> Isaiah 31	<input type="checkbox"/> Jn. 11:1-4
Saturday:	<input type="checkbox"/> Psalm 65	—	<input type="checkbox"/> Jn. 11:5-16

Week Five (May 5 - May 11)

Memory: Proverbs 3:5, “Trust in the Lord with all your heart, and do not lean on your own understanding.”

Sunday:	<input type="checkbox"/> Psalm 66	—	<input type="checkbox"/> Jn. 11:17-22
Monday:	<input type="checkbox"/> Psalm 67	<input type="checkbox"/> Isaiah 32	<input type="checkbox"/> Jn. 11:23-27
Tuesday:	<input type="checkbox"/> Psalm 68	<input type="checkbox"/> Isaiah 33	<input type="checkbox"/> Jn. 11:28-37
Wednesday:	<input type="checkbox"/> Psalm 69	<input type="checkbox"/> Isaiah 34	<input type="checkbox"/> Jn. 11:38-44
Thursday:	<input type="checkbox"/> Psalm 70	<input type="checkbox"/> Isaiah 35	<input type="checkbox"/> Jn. 11:45-57
Friday:	<input type="checkbox"/> Psalm 71	<input type="checkbox"/> Isaiah 36	<input type="checkbox"/> Jn. 12:1-8
Saturday:	<input type="checkbox"/> Psalm 72	—	<input type="checkbox"/> Jn. 12:9-11

Self-Examination & The Ten Commandments

Throughout the centuries, Christians have practiced regular self-examination by focusing on the Ten Commandments. This would involve a person reading a commandment and reflecting on how to align their heart, mind, and actions more fully with that commandment. This reflection and repentance should always be done in the context of God's love, grace, and forgiveness through Christ Jesus.

1. You shall have no other gods.

What other gods am I worshipping? What am I fearing, loving, and trusting more than the one true God? Money, power, myself, my rights, my vocation, alcohol or drugs, sensual desires, my family? Have I made an idol in my heart by worshipping a god with whom I can be pleased, rather than the God who is revealed in holy Scripture?

2. You shall not misuse the name of the LORD your God.

Do I use the name of God in an irreverent manner? Do I live in such a manner that the name of God is blasphemed or held in contempt because of my actions? Do I fail to perform the promises and vows I have made in the name of God? Since I bear the name of Christ, do I profane his name by hypocritical actions? Do I speak with contempt for God by murmuring and complaining about the wise, providential ordering of my life?

3. Remember the Sabbath day by keeping it holy.

Do I worship God in his Church every Sunday unless providentially hindered? Do I make it a point to enter the house of God with the proper reverence? When in the house of God, do I sing, pray, and listen to the word of God with all my heart and soul? Do I prepare myself and my family for Holy Communion by a remembrance of all the benefits we receive by a worthy reception of it?

4. Honor your father and your mother.

Do I show respect and reverence toward my parents or in-laws in thought, word, and behavior? Do I listen with respect to the advice and counsel of my parents? Do I ever reveal a spirit of disrespect toward my parents? Do I pray for my parents? Do I do what I can to provide for the needs of my parents when they are in physical, emotional, or spiritual distress? Am I teaching my children to respect their elders?

5. You shall not murder.

Do I show the proper respect for the lives of others, realizing that they are created in the image of God? Am I guilty of sins, such as envy, hatred, a desire for revenge, unkind thoughts and words toward others? Have I caused others to have hateful or malicious thoughts toward their acquaintances? Do I take care of my own body as the temple of the Holy Spirit so that it might be a fit vessel for the Lord's use? Do I do what is within my power to preserve the lives of others?

6. You shall not commit adultery.

Do I commit adultery in my heart through lustful thoughts, desires and looks? Through exposing myself to opportunities for lustful thoughts and actions? Do I help others (especially young people) understand their sexuality? Am I developing an unhealthy relationship with another person? Have I been faithful to my spouse in thought, word, and deed?

7. You shall not steal.

Do I honor my vows and contracts? Am I honest in my business dealings with others? Do I rob God by not giving as I am able to the Church for the spreading of His kingdom? Do I give my employer my diligent service so that I am worthy of the wages paid? In my dealings with others, have I been guilty of fraud, falsehood, injustice, extortion, or bribery?

8. You shall not give false testimony against your neighbor.

Have I slandered the good name of my neighbor? Have I concealed the truth when I should have spoken? Have I been guilty of gossip or slander? Have I failed to defend others when wrongly accused?

9. You shall not covet your neighbor's house.

10. You shall not covet your neighbor's wife, or his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor.

Have I been guilty of discontent when I look at the prosperity of others? Can I rejoice at the prosperity? Do I ever have a "keeping up with the Joneses" mentality? Am I grateful for and content with what I have?

Hymn of the Month

Alleluia! Sing to Jesus

1 Alleluia! Sing to Jesus;
His the scepter, His the throne.
Alleluia! His the triumph,
His the victory alone.
Hark! The songs of peaceful Zion
thunder like a mighty flood:
"Jesus out of every nation
has redeemed us by His blood."

2 Alleluia! Not as orphans
are we left in sorrow now.
Alleluia! He is near us;
faith believes, nor questions how.
Tho' the cloud from sight received Him
when the forty days were o'er,
shall our hearts forget His promise,
"I am with you evermore"?

3 Alleluia! Bread of heaven,
here on earth our food, our stay.
Alleluia! Here the sinful
flee to You from day to day.
Intercessor, Friend of sinners,
earth's Redeemer, hear our plea
where the songs of all the sinless
sweep across the crystal sea..

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Cover Art:

"The Resurrection of our Lord"