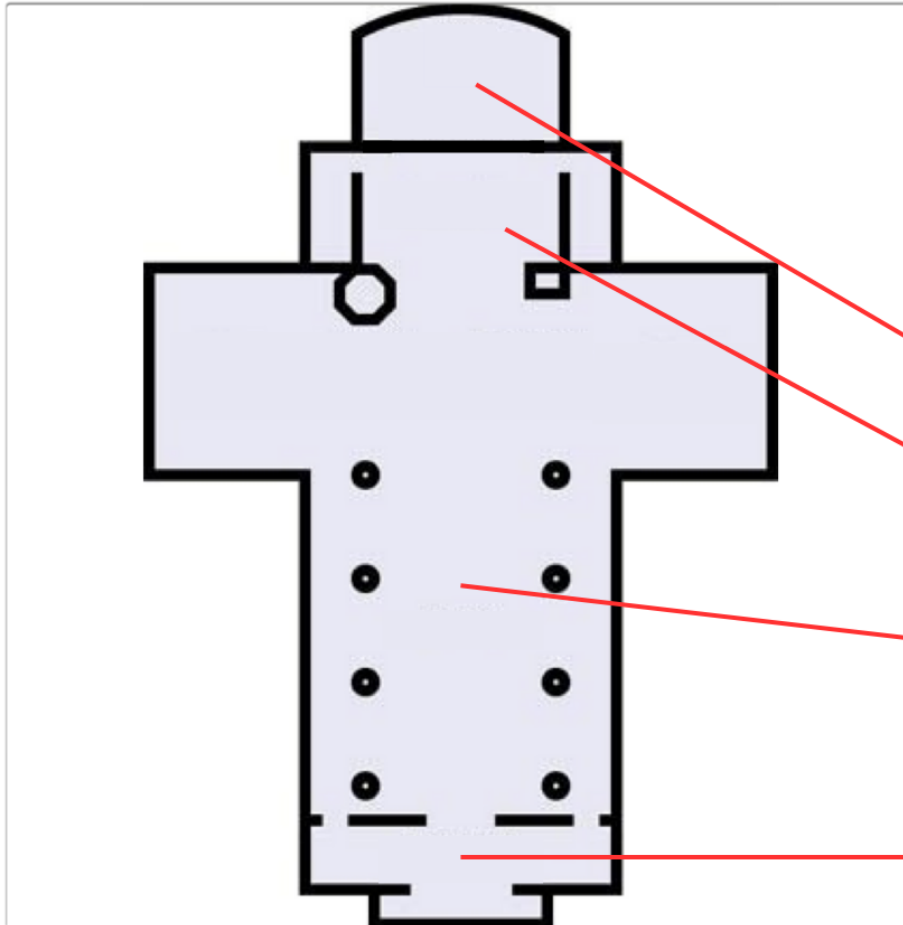


First Communion Class  
Session #8: Holy Communion  
Your Name: \_\_\_\_\_



Parents can reference pages 383-386 for terms relating to worship and God's house.

1. What are four things the presence of a church building reminds us of?
2. How should you act when you come into a church building? How should you not act in a church building? Why?
3. Match the **sacred space** with its name:



1. Nave (where the congregation sits)
2. Narthex (where you first enter the church)
3. Chancel/Sanctuary (where the altar stands)
4. Sacristy (where Communion is prepared before the service and vestments are kept)

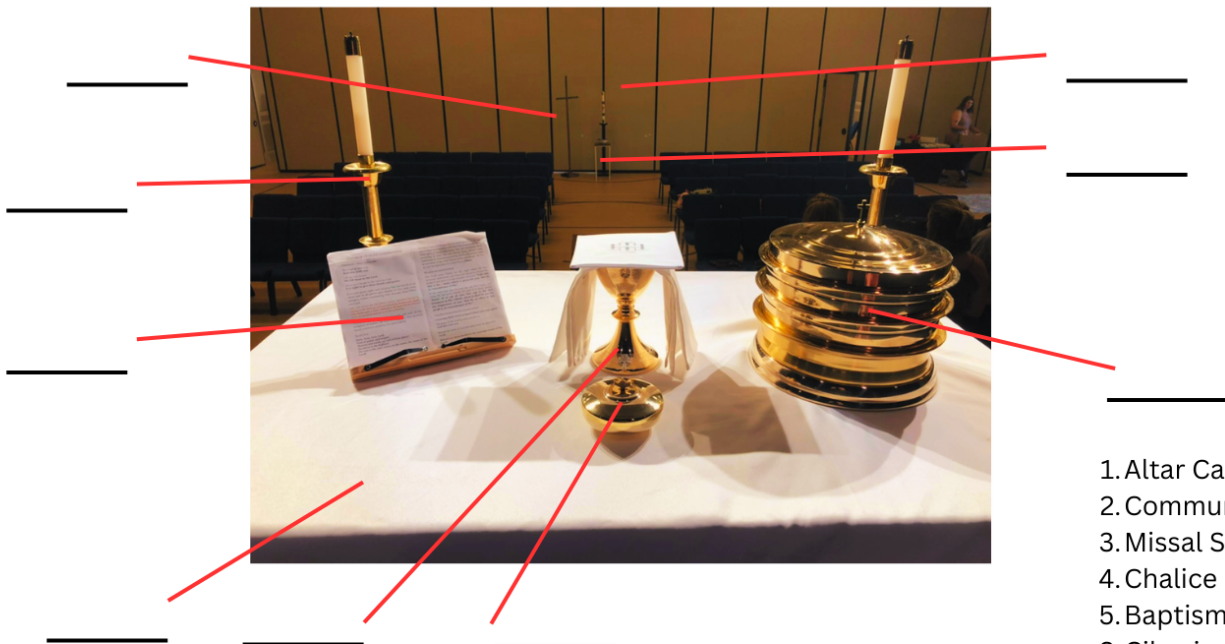
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4. Match the **sacred object** with its name:



1. Altar Candles
2. Communion Tray
3. Missal Stand
4. Chalice
5. Baptismal Font
6. Ciborium
7. Altar
8. Processional Cross
9. Paschal Candle

5. Why would we want to use precious metal (gold/silver) for the sacred objects on the altar?

6. Write the correlating letter next to the words of the liturgy for the Lord's Supper:

- A. *Preface* - Give thanks
- B. *Proper Preface* - Prayer specific to season
- C. *Sanctus* - Holy, Holy, Holy
- D. *Epiciclesis*- Come Holy Spirit
- E. *Words of Institution*
- F. *Pax Domini* - Peace of the Lord
- G. *Agnus Dei* - Lamb of God

The Lord be with you.  
**And also with you.**  
 Lift up your hearts.  
**We lift them to the Lord.**  
 Let us give thanks to the Lord our God.  
**It is right to give Him thanks and praise.**

**Holy, holy, holy Lord,  
 God of power and might!  
 Heaven and earth, are full of Your glory!  
 Hosanna in the highest!  
 Blessed is He, who comes in the name, the name of the  
 Lord!**

It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord.  
 For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer, and acts of service you bring us back to your generous heart. Through study of your Holy Word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendor of your love.  
 As we prepare to celebrate the Easter feast with joyful hearts and minds, we bless you for your mercy and join with angels and archangels and with all the company of heaven to laud and magnify Your glorious name, evermore praising You and saying:

You are indeed Holy, O Lord, the fount of all holiness. Make holy, therefore, these gifts, we pray, by sending down your Spirit upon us your Church and these your gifts, so that they may be for us the Body and Blood of our Lord Jesus Christ. Amen.

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My body, which is given for you. This do in remembrance of Me."  
 In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

The peace of the Lord be with you always.  
**And also with you.**

Behold the Lamb of God who takes away the sin of the world.  
**Blessed are those invited to the marriage supper of the Lamb.**  
*John 1:29, Revelation 19:9*

7. Why does the pastor kneel (sacred action) during the Consecration of Holy Communion after the Words of Institution (check all that apply)?

- Because the pastor is tired of standing and needs to rest.
- To show honor and reverence to Jesus who is giving Himself to us in Holy Communion.
- Because the pastor dropped something on the ground.
- To remind himself and the people that God is worthy of our worship.

8. Write a YES (Y) for the ways we can receive Holy Communion in a reverent manner and NO (N) for the ways we can receive an in irreverent manner:

**During the Communion liturgy, I should:**

- ( ) Focus on the words being spoken by the pastor.
- ( ) Be thinking about playing outside.
- ( ) Lay on or under the chairs.

**As I'm coming up for Communion, I should:**

- ( ) Be looking around and talking to the people next to me.
- ( ) Remain silent and think about receiving Jesus in Holy Communion.
- ( ) Patiently wait my turn and not distract others.

**Before receiving the bread/body of Christ, I may:**

- ( ) Slightly bow to show respect to God.
- ( ) Jump up and down like a frog.

**As I receive, I should:**

- ( ) Quickly grab the bread/body of Christ.
- ( ) Open my hands and make a throne to receive Christ.

**After receiving, I may:**

- ( ) Cross myself with the sign of the cross.
- ( ) Thank the Lord silently for His gift of grace.

**After receiving Communion, I should:**

- ( ) Run back to my seat pushing people out of the way, and then talking really loud to my family.
- ( ) Calmly walk back to my seat, quietly praying a prayer of thanks to Jesus.
- ( ) Join in singing the Communion hymns.