

First Communion Class

Session #6: Holy Communion (Part 1/4)

Your Name:

(Parent note: You are encouraged to personally read through 323-345 of the Small Catechism).

1. What is your favorite food and favorite dessert?
2. What food did Adam and Eve eat that brought death into the world? What was the consequence of this food on the world?
3. What food did Jesus tell His disciples to eat that would reverse the fruit of death and give eternal life (John 6:47-58)?
4. What are three examples of food that God used to sustain His people in the Bible (Exodus 12:1-28, Exodus 16, John 6)?
5. What is the sacrament of the altar (pg 322)?
6. Fill in the blanks: "As Christians, we confess that we _____ the very _____ and _____ of Christ - in, with, and under the bread and wine - in our _____ and in our _____. This is a _____ wonder and unexplainable mystery."
7. What is the benefit of this eating and drinking (pg 331)?
8. Fill in the blanks: "As Christians, we confess that the _____ _____ won by the death of Jesus on the cross is now _____ _____ in the body and blood of Christ. This is the most _____ _____ that we can receive." (pg 331)